

the field: method. Chelsea always had "names"; with the present combination of "names" and method, we must have the best chance we've ever had of winning honours.

**There have been instances this season of players being fined for absence from training or lateness for treatment. How rigid is discipline here?**

It's firm but fair. Players are very well paid and looked after nowadays. In return Tommy Docherty demands 100 per cent. effort all the time (which is what he gives himself) from everyone on the staff. There are no favourites. First-team regulars have to toe the line the same as the newest apprentice.

**What is a normal day for you?**

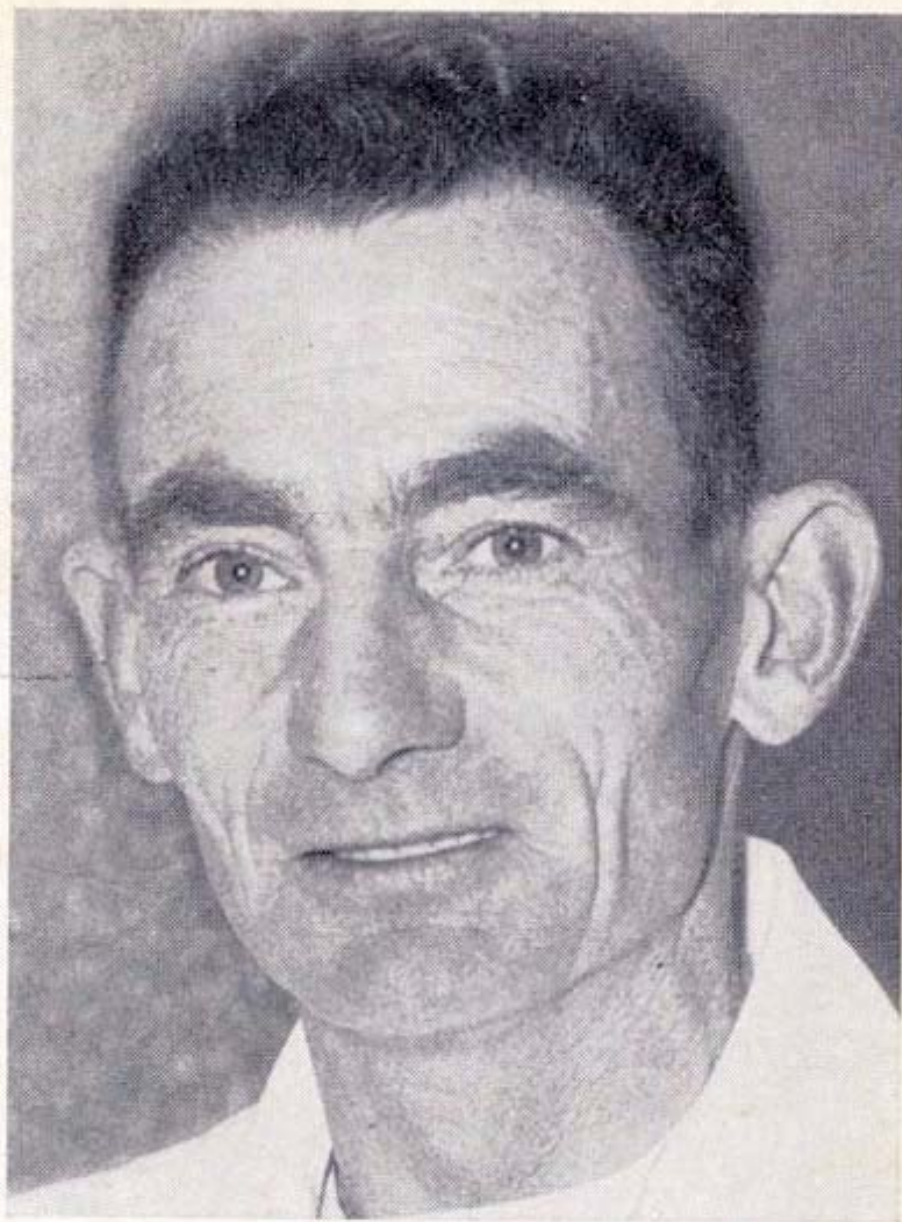
Up at 5.30 a.m., catch the 7.15 at Woking, arrive here by 8.30. Prepare for first treatments at 9.30. This can last till lunch-time, with another batch afterwards.

Medical books have to be kept up to date, also index cards for every player showing injuries, treatment, progress, etc. There's playing kit, training gear, medical supplies and equipment to be checked and ordered. I rarely leave before 5.30 p.m., with late nights on Tuesday and Thursday now that we have started coaching and training for selected schoolboys of 13, 14 and 15.

**At what value do you put your equipment in the medical room?**

Over £1,000. With short wave, ultra-sonic and Faradism (for muscle rehabilitation) we are equipped as well as any club and far better than most.

**The old picture of the trainer who organised the actual training of players is out of date now. With white**



**coat instead of track-suit, you are really a medical man?**

Yes, physiotherapist is more apt these days, not trainer. The Continentals have taught us that "training" is the coach's job.

**Are you and Norman unique as a father-and-son combination of first-team and reserve-team trainer — and how did he come to join Chelsea?**

I don't know of another such "double act." For a time after leaving school Norman worked as a picture framer, but he was also a member of St. John, and he came here a year ago when I was needing some assistance. He's 20 now and studying to become a chartered physiotherapist with his own practice one day.

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